



CAPILANO RFC



COVID-19 - ATHLETE POLICY

IN ORDER TO TRAIN AND PARTICIPATE IN CAPILANO RFC PROGRAMMING, YOU MUST ADHERE TO THE FOLLOWING POLICIES:

- 1. REGISTER FOR YOUR PROGRAMMING ON SPORTLOMO**
- 2. COMPLETE YOUR BC COVID-19 SELF ASSESSMENT TOOL**
- 3. REMAIN IN YOUR TRAINING BUBBLE (MAX 50 PEOPLE)**
- 4. FILL AND BRING YOUR OWN WATER BOTTLE FROM HOME**
- 5. ARRIVED DRESSED AND PREPARED TO TRAIN, LEAVE STRAIGHT AFTER**
- 6. SHOWER AND EATING AT THE CLUBHOUSE / FACILITIES IS NOT PERMITTED**
- 7. FOLLOW TRAFFIC FLOW, PARKING AND SCHEDULING GUIDELINES**

“GET IN, TRAIN, GET OUT”

FAILURE TO ADHERE TO THE COVID-19 ATHLETE POLICIES WILL RESULT IN IMMEDIATE REMOVAL FROM CAPILANO RFC PROGRAMMING