



Volunteer Trainers Needed!

- What:** Capilano RFC is looking for volunteers for the 2010/2011 rugby season.
- Who:** Healthcare students, First Aid Attendants, EMR/Paramedics, and/or *anyone* willing to learn!
- When:** Most Saturdays from mid-September to December and the end of January to mid-May.
- Where:** Home field is Klahanie Park in West Vancouver but games are played all over the lower mainland. Some assistance with transportation can be arranged. Please contact for info.

Requirements:

- 18 years of age as of September 2010
- Standard First Aid with CPR
- Athletic taping course recommended but not required

Typical Duties:

- Pre-game taping, preparing water and ice packs
- Injury assessment/management during games
- Player hydration during games
- Post-game injury assessment/management, icing, minor wound care

This is a great opportunity for anyone needing practical first aid experience. A letter of reference will be provided.

Please apply with a resume to kiafrederiksen@yahoo.com or call 604-866-1368 for more information.

Thank you for your interest!

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