



CAPILANO RUGBY SEVENS



On Saturday, August 14th, 2010 under cloudless skies, The Capilano Rugby Club welcomed players and rugby fans to Klahanie Park for the latest in the BC Rugby Sevens 2010 series. With a light breeze ruffling the new flags atop the freshly painted goalposts and temperatures into the upper twenties, hydration and shade were at a premium. The comparatively few fans who attended, were treated to some magnificent, fast and exciting rugby by the comparatively few teams who participated.

In the Men's Social Division, the Capilano Barbarians (made up mostly of Capilano Members who are at UWO and back for the summer) used their youth and speed to defeat their Capilano club mates 34 to 5 in the final. They got to the final by defeating the wily and somewhat dyspeptic Snowcaps in the semi-final, while the Capilanos bested Burnaby Lake in the other semi-final.

In the Elite Women's Division Capilano ended up on top after the pool rounds, ahead of the combined Capilano/United team with Bayside third and Burnaby Lake fourth. But, in a very close final game it was the combined Capilano/United team that defeated the Capilanos 24 to 17.

Burnaby Lake played exciting and entertaining rugby all day, on their way to a well deserved win in the Men's Elite Division. They defeated Bayside 38 to 12 in the final, having easily handled the Capilanos in the semi final. Bayside had defeated the Ocean Park "Easy Breezers" in the other semi-final.

With a spectacular barbeque dishing up pulled pork sandwiches and savory turkey hotdogs all day and with cold beer at the bar, the crowd was treated to live entertainment by "Exit This Side" – one of Vancouver's hottest bands.

Fans and players alike (and even the refs) were extremely generous with their praise for a thoroughly enjoyable and fun event. A great foundation to build on for future years!

Final Standings were:

Men's Elite Division	Women' Elite Division	Men's Social Division
1. Burnaby Lake	1. Capilano/United	1. Capilano Barbarians
2. Bayside Ambassadors	2. Capilano	2. Capilano
3. Ocean Park E. B.	3. Bayside	3. Burnaby Lake